

## DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 20<sup>th</sup> August Interagency 2019

Meeting opened by Rebecca Lee at 12.10pm – Rebecca thanked everyone for their attendance

**ATTENDANCE:** Rebecca Lee (MYCNC), Cindy Wood (Lives Lived Well), Ken McGilvray (R Health), Alison Clarke (Dalby Hope Centre), Michelle Davies (NDIS - Carers Queensland), Sara Thorneycroft (Waminda Services), Maree Burton (St Vincent De Paul), Annette Jasinski (Lifeline Darling Downs), Con Harriman & Tess Huffam (Queensland Health), Kristie Lambert (QLD Health), Steve Scholten (Aim Big Employment), Le-Anne Callaghan (DISCO), Gordon Rowlings & Robert Loveing (Many Rivers), Steve Elliott (Western Queensland Community Care) & Rebecca Carter & Pam Bidstrup (Child Safety).

**APOLOGIES:** Norman Wotherspoon (Dept. Human Services), Carolyn Tillman (WDRRC), Ann Leahy (Member for Warrego), Anita Smith (QLD Health), Kelly Ryan (PCYC), Robyn Markham (Anglicare) & Selwyn Smith (QLD Health).

Rebecca Lee (MYCNC) 4662 0152 [admin@mycnc.com.au](mailto:admin@mycnc.com.au)

- ) Centre Support Officer working Monday through to Thursday every week.
- ) A variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
- ) All community groups are welcome to call and discuss room availability.
- ) Eva's Place have now moved to their new location at 14 Cunningham St, free up two rooms at the Centre on Wednesday's.
- ) MDA have moved out of our office space and into a small conference room again freeing up office space for Monday's and Friday's
- ) Women's Legal Service Queensland will be presenting a free family law and domestic violence workshop for community agencies and service providers on the 23<sup>rd</sup> October 2019 for the Centre commencing at 9am. [Please see flyer below.](#)
- ) MYCNC's AGM will be held on the 19<sup>th</sup> September commencing at 1pm, lunch will be provided, all welcome and new memberships are welcome. [Please see flyer below.](#)

Cindy Wood (Lives Lived Well) 4632 0899 [cindy.wood@liveslivedwell.org.au](mailto:cindy.wood@liveslivedwell.org.au),

- ) Cindy is the *New Access Program Coach*, covering mild to moderate anxiety and depression.
- ) Providing 6 free sessions, this can be done over the phone, via skype or face to face.
- ) Based in Dalby running out of MYCNC, Monday to Friday 8:30am – 4:30pm
- ) Access Program is newly developed by Beyond Blue and is now taking referrals.
- ) Guided self-help model and step care, early intervention stages, includes 6 free sessions not requiring a mental health care plan or any type of referral, people can self-refer or organisations can refer on behalf of them.
- ) Do have offices in the Southern Downs, Warwick, Lockyer Valley, Gatton and South Burnett.
- ) Age limit was previously 18+, has now been adjusted to 16+
- ) Next week Cindy will undergo training in specialised care for aged care and will be able to provide in-reach services to aged care facilities.

Ken McGilvray (R Health) 0459 021 599 [ken.mcgilvray@rhealth.com.au](mailto:ken.mcgilvray@rhealth.com.au)

- ) *Health Service Navigator*.
- ) Phone based, information advice & referral line, for mental health support.
- ) Position is Health Service Navigator Basically take phone calls from community people GPs to work best possible outcome for a person

- ) Specialty is Mental Health, also clients who may just be a little stressed with life in general before this becomes something worse.
- ) Linking anyone from low to moderate mental health issues to all services available to them.
- ) Clients can self-refer, referrals are also sent through GP's etc.
- ) Referral number is 1300 012 710, post code based service.
- ) No threshold and no age limit.
- ) Have received grant through TRAIC – QLD Health, funding is going to help provide training to agencies and services in the form of 'Safe talk' training.
- ) Safe talk training will be provided in three different locations Jandowae 24<sup>th</sup> August 2019, Miles 28<sup>th</sup> September 2019 & Taroom 8<sup>th</sup> February 2020 training 12pm – 4pm will follow with a free community concert starting at 6pm. [Please see flyer below.](#)
- ) Training workshop can take up to 25 people and will be catered.

Alison Clarke (Dalby Hope Centre) [0417 073 348](tel:0417073348) [aclarke52@hotmail.net.au](mailto:aclarke52@hotmail.net.au)

- ) General counselling service, also working with children as young as 6/7.
- ) Now have four part time counsellors providing individual, couples, family, children and group counselling sessions at a reduced rate, individuals - \$50/hr & Couples - \$70/hr
- ) Being funded by the church only Christian counsellors are employed however clients beliefs, life choices or ethnic backgrounds are not a factor and no religious agendas will ever be push at the Dalby Hope Centre
- ) Officers are situated in the Horizons Commodity Building.
- ) Also working for Eva's place, working with girls who have surprise/unplanned pregnancies and are unsure what to do and where to go. If the client decides to go ahead with the pregnancy they work closely with trained mentors who are mums themselves, who will then see them every week.
- ) Eva's place is now based down town at 14 Cunningham St, open one day a week.
- ) New facilities have a reception area, consult room, mentor/training rooms, counselling room, storage room, kitchen and bathrooms
- ) Mentoring continues for 12 months after baby is born
- ) Alison works with mums who have any sort of addiction or any mental health issues.

Michelle Davies (NDIS - Carers Queensland) [4646 2800](tel:46462800) [Michelle.davies@ndis.gov.au](mailto:Michelle.davies@ndis.gov.au)

- ) Michelle is the *Local Area Coordinator* with NDIS partners Carers Queensland.
- ) Covering Oakey, Tara, Dalby & Chinchilla.
- ) Main focus is to help try and improve access by providing information on correct information needed on applications.
- ) Supporting access to the scheme, support education about the scheme, provide workshops for those who are on the scheme, help with understanding and map the area
- ) Visiting Dalby every Tuesday, working from MYCNC.

Sara Thorneycroft (Waminda Services) [4662 1434](tel:46621434) [sara.thorneycroft@wamindaservices.org.au](mailto:sara.thorneycroft@wamindaservices.org.au)

- ) Waminda is an NDIS registered disability service provider.
- ) *Support Coordinator* roll is around NDIS support coordination and support provision with people with a disability
- ) Provide services across Dalby & the Western Downs.
- ) Providing administrative support with plan management coordination as well as direct service delivery, in home support, community support etc.
- ) Supported accommodation care is provided and short term accommodation (Respite type service) giving the participants the opportunity to gain life skills.
- ) Offer Community and Accommodation Support. Management of Funding.

) Very much a demand for people from all walks of life to work in the Disability Sector.

Maree Burton (St Vincent De Paul) 4662 3497 [sj4405@svdpqld.org.au](mailto:sj4405@svdpqld.org.au)

) Most pressing problem at the moment is homelessness.

) Helping people in need, providing food, assistance etc.

Annette Jasinski (Lifeline Darling Downs) 0439 874 372 [ajasinski@lifelinedarlingdowns.org.au](mailto:ajasinski@lifelinedarlingdowns.org.au)

) *Family Support Working* based in Dalby.

) Assist Family and kids under the age of 18.

) Working with families around Parenting skills, providing parenting courses etc.

Con Harriman & Tess Huffam (Queensland Health) 4669 0501

[con.harriman@health.qld.gov.au](mailto:con.harriman@health.qld.gov.au)&[therese.fuffam@health.qld.gov.au](mailto:therese.fuffam@health.qld.gov.au)

) *Nurse Navigator/Clinical Nurse* with the Adult Mental Health service at the Dalby Hospital.

) Community based mental health service, take referrals from members of the public, carers, GP's and other services.

) Working within the Western Downs area looking after people with moderate to severe mental illness plus two or more chronic diseases. Also run the Child and youth mental health service and an adult health worker servicing the elderly.

) Covering the Western Downs area, outreach to Miles, Tara, Jandowae, Wandoan and Taroom etc.

) Available 8am – 4pm Monday to Friday.

) For the Western Downs covering all age groups. Mainly looking after people who have mental illness and complex, chronic diseases to navigate the health services.

) Tess works with people with complex chronic disease who are in and out of the hospital system regularly.

Kristie Lambert (QLD Health) 0439 740 783 [kristie.lambert@health.qld.gov.au](mailto:kristie.lambert@health.qld.gov.au)

) Based in Warwick

) *Mental Health provision nurse* doing the *TRAIC* - Tackling Regional Adversity and Integrated Care Program

) *Regional Adversity*, engaging with people who are experiencing adversity, drought, flood, water contamination eg. Oakey, suicide prevention etc. and to make sure they have access to services, information and support.

) Cover Western & Southern Downs, South Burnett and the Toowoomba area.

) [Please flyers below for more information.](#)

Steve Scholten (Aim Big Employment) 0426 382 403 [sscholten@aimbigemployment.com.au](mailto:sscholten@aimbigemployment.com.au)

) *Disability Employment Service Provider*

) Helping people with a disability gain sustainable employment

) Can go out to the work place and support clients in the workplace

) Can take direct registrations (people can walk-in and sign up) as long as they have a diagnosed disability.

) Other referrals come in from Centrelink

) Trying to get a couple initiatives off the ground first one is the 'BusyBeans' program, people with an 8 hour benchmark (required to work 8 hours a week) can access program and will be paid to complete a 6 week course, two, four hour days a week to become a barista, 2 employees are already lined up to take on graduates after the 6 week course is complete.

[Please see flyer attached for more information.](#)

- ) Second initiative 'Candle Business Incubator' program will assist people with a disability to establish their own Candle making business. People with 8-15 hours benchmarks, [please see flyer below for more information.](#)

Le-Anne Callaghan (DISCO) 4662 2147 [le-anne@disco.org.au](mailto:le-anne@disco.org.au)

- ) Centrelink referrals, career development, resumes, cover letters
- ) Currently have 3 Programs Running. Work with young people between 15 and 21.
- ) Get Set for wok 20 week program 15 – 18 year old Cert II. Been delivering in Dalby area since 2006. Is currently full.
- ) Ready for work program helps with Resumes Applying for jobs.
- ) Transition to work 15 – 21 year olds

Gordon Rowlings& Robert Loveing (Many Rivers) 0427 189 655 [gordon.rowlings@manyrivers.org.au](mailto:gordon.rowlings@manyrivers.org.au)

- ) Helping people/disadvantaged people own and get their own small business started.
- ) Clients can also be approved for small loans up to \$5000 to get their small business off the ground. Helping through the whole process with anything they may need. From set up to well after the business has been established.
- ) Based in Roma travel to Dalby, Charleville, and Goondiwindi etc.
- ) Not For Profit organisation, Federally funded and supported by Origin and Westpac
- ) Have business lawyers on hand to hand any questions or problems which may arise.

Steve Elliott (Western Queensland Community Care) 0418 749 745 [westernqldcc@gmail.com](mailto:westernqldcc@gmail.com)

- ) Small *NDIS provider* located at Chinchilla.
- ) Providing assistance to clients in Chinchilla, Dalby, Miles, Tara, Bunya Mountains and surrounding areas.
- ) Supporting clients from 18 – 65 years of age, one on one so we can really engage with them.
- ) Referrals from agencies, NDIS & self-referral.

Rebecca Carter & Pam Bidstrup (Child Safety) 0436 694 692 & 0439 559 654

[rebecca.carter@csyw.qld.gov.au](mailto:rebecca.carter@csyw.qld.gov.au) & [pam.bidstrup@csyw.qld.gov.au](mailto:pam.bidstrup@csyw.qld.gov.au)

- ) *Child Safety Officer* at the Dalby Hub.
- ) Rebecca works with parents where children are still under the care of the parents.
- ) Pam works with children who are under orders and no longer with parents.
- ) Based at the Roma Office, however have 4 fulltime position based at the Dalby Hub, which is open 5 days a week located at the MYCNC.
- ) Gathering information on services and programs provided in the area to support clients.

Kelly Ryan (Dalby PCYC) 0408 164 191 [kelly.ryan@pcyc.org.au](mailto:kelly.ryan@pcyc.org.au)

- ) Did not attend meeting, however would like to [attached below flyers.](#)

*Meeting Closed: 1pm*

*Next meeting to be held on the 17<sup>th</sup> September 2019 at 12pm*

Please Join Us for the  
**Myall Youth and Community  
Network Centre Inc.**  
**2019 Annual General Meeting**

Cnr Drayton & Nicolson Streets, Dalby

Thursday, 19th September 2019

Commencing @ 1pm

*Lunch will be provided*

*RSVP by the 12th of September 2019*

If you have an interest in the Community  
of Dalby apply to become a Member  
of the MYCNC. All applicants are welcome



For More information please contact the Centre on  
46620152 or [admin@mycnc.com.au](mailto:admin@mycnc.com.au)

# DALBY FREE FAMILY LAW AND DOMESTIC VIOLENCE WORKSHOP FOR COMMUNITY AGENCIES AND SERVICE PROVIDERS



9.00AM - 2.30PM Wednesday 23 October 2019

Myall Community Youth Network Community Centre  
28A Nicholson St  
Dalby QLD 4405

#### Topics:

- Domestic and family violence
- Family law - children's matters
- Property settlement and divorce

#### RSVP through

IWannaTicket.com.au  
before 9 October 2019

Enquiries: email [cle@wlsq.org.au](mailto:cle@wlsq.org.au)

Proudly made possible by:



Presented by:



RHealth presents

# SOUND MINDS

A family friendly concert  
featuring Brendon Walmsley



FREE ENTRY | 6:00pm start  
Food and drinks available for purchase

*This is an alcohol free event*

24th AUGUST 2019

JANDOWAE

JANDOWAE MEMORIAL HALL

28th SEPTEMBER 2019

MILES

LEICHHARDT CENTRE

8th FEBRUARY 2020

TAROOM

TAROOM TOWN HALL

**RHEALTH**  
Your Health Our Health



THIS FREE COMMUNITY CONCERT IS  
PROUDLY FUNDED BY QLD HEALTH

# Tackling Regional Adversity through Integrated Care (TRAIC)

Currently over 65% of Queensland is drought declared with almost 100% of the Darling Downs Hospital and Health Service is in drought.

In addition, in recent years Queensland communities have also been adversely affected by significant events including natural disasters such as flooding and cyclones, and local community tragedies. Research has found that droughts and disasters can affect individual and community wellbeing. Experiencing anxiety and loss are common responses to droughts and disasters. For some people, the longer term effects include serious mental health conditions such as post-traumatic stress disorder and high levels of anxiety.

In November 2015, as a response to tackling the impacts of drought and disaster in regional and remote communities, the Queensland Government announced a new program Tackling Regional Adversity through Integrated Care (TRAIC). The TRAIC program aims to enhance resilience and reduce the impact of adversity associated with drought and disaster.

## About TRAIC

The TRAIC program is aimed at targeting suicide prevention and building resilience and fostering recovery among people and communities affected by adversity associated with drought, disaster and other crises.

## Regional Adversity Integrated Care Clinicians

The TRAIC program is delivered through senior clinicians, known as Regional Adversity Integrated Care Clinicians (RAICCs).

The RAICCs are based in select Hospital and Health across rural, remote and regional Queensland including: Cairns and Hinterland, Townsville, Mackay, North West, Central West, Central Queensland, Wide Bay, Darling Downs and South West.

The key role RAICCs is to educate and empower individuals living in rural and remote communities, experiencing early signs of distress, on how to access support services.

## Key elements

Key elements of the TRAIC program include:

- **Integrated mental health support throughout the patient journey** – Strengthening the connection pre, during and post contact with the mental health or Emergency Department service
- **Enabling frontline workers to provide suicide prevention and intervention activities** – Delivering tailored training packages on suicide prevention and intervention activities
- **Increasing mental health literacy and improving help-seeking behaviour** - Implementing locally based strategies which increase resilience at the individual and community level
- **Interagency collaboration to build community resilience** -Fostering an interagency approach to improving the resilience of drought and disaster affected communities.





## TRAIC Grants Program

The TRAIC program is complemented by a community grants program to enable Queensland communities affected by adversity associated with drought, disaster and other crises to build community resilience.

Community resilience building strategies include those that develop and promote community networks and support, provide information to improve mental health literacy and encourage and create opportunities for help seeking behaviour.

For further information on TRAIC grants visit: <https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-staff/mental-health/grants/rural-remote-community>

## Contacting TRAIC

Referrals into the TRAIC Program can be received from any source, including Queensland Health, other government departments, community organizations and individuals in the community. For more information about the TRAIC program and how your local RAICC can assist you, email [traic@health.qld.gov.au](mailto:traic@health.qld.gov.au)

### Kristie Lambert CNC

Regional Adversity and Integrated Care Clinician (RAICC)

Ph 0439 740 783 (Monday – Friday office hours)

In an emergency please call 000.

## Need immediate assistance?

Help is available

MH Call 1300642255 24/7 service

National 24/7 crisis services

Lifeline 13 11 14

Suicide Call Back Service 1300 653 467

MensLine Australia 1300 76 99 78

Kids Helpline 1800 55 1300 or [www.kidshelp.com.au](http://www.kidshelp.com.au)



## BusyBeans – Program Overview



### Why BusyBeans?

AimBig Employment is a national disability employment services (DES) provider. Using our 20+ years' group experience, we found that a high proportion of people with injury, illness or disability are seeking or suitable for roles in the hospitality and food service industry. In light of this, we've developed a program to assist these job seekers build the skills and capacity to become job ready in a supportive, practical environment.

### The Benefits

As an employer, the BusyBeans program allows your business to access a wider talent pool, of highly committed and loyal job seekers. In fact, we see coffee as a means to alter perceptions, improve workplace relationships and be the social hub of any office.



Our BusyBeans are employed by you as an in-house barista for minimum 8 hours per week.



You'll have access to our innovative, in-house developed coffee ordering tool that BusyBeans have been trained on, to ensure efficient service and minimal work disruption.



Your workplace morale, staff diversity and engagement will increase.



On-boarding a BusyBean can help you reach your disability employment targets.



People with disability have fewer WHS issues and days off.<sup>1</sup>

### How it works

DES job seekers who are selected for the BusyBeans program will receive:

1

**Barista training** in our coffee training centre. Here they'll learn techniques and customer service from our experienced trainers.



2

**Placement** in our local offices to gain invaluable on-the-job training.



3

Concurrently our team are sourcing employment opportunities for job seekers with disability inclusive work places to take on one of our BusyBeans.

BusyBeans is so much more than a quality, in-house barista service. At the conclusion of the program, our job seekers are confident, resilient and have gained a universal skill in a supportive environment preparing them for ongoing and sustainable employment.



## Meet Harley



Harley was placed as a barista in our sister company Rehab Management in December 2018. This was pilot opportunity for BusyBeans to identify any gaps in the program and on-the-job training.

What we found was so much more than a great barista. Harley has an intellectual disability, Autism Spectrum Disorder and minimal work experience. After completing his barista training Harley now works 2 days per week from 9am-1pm:

- ☛ Making delicious coffee for staff and workplace visitors
- ☛ Ensuring the kitchen environment is clean
- ☛ Interacting with staff to build his social skills
- ☛ Using our coffee ordering app to notify staff of coffee orders and log his daily coffee tally

Harley is now an invaluable staff member at Rehab Management, confidently catches public transport to the office for his shift and works autonomously.

## Why partner with AimBig?



**Over 20 Years' group experience** matching people with disability, injury or health conditions to suitable employment



**Australian Owned** and operated with over 96 locations nation-wide



**Value Add Training** – we offer in house disability awareness seminars and workshops



**Our Staff** – Access to a national pool of employment consultants with varied industry expertise to match the right job seeker for your specific workplace needs

## Contact Us

Interested in employing a BusyBean in your business? Contact us today to learn more.

**James Ayad – National Business Development Manager**

☎ 0436 350 676 ✉ [jayad@aimbigemployment.com.au](mailto:jayad@aimbigemployment.com.au)

## Candle Business Incubator

AimBig is launching a Business Incubator program that will assist people with a disability to establish their own business across Australia.

Participants will be taught how to make a product (a candle) and how to market the product and sell the product. The program will consist of practical workshops on making products and education modules on how to create a business. Once a participant has learnt this skill, they will be able to market and sell just about any product. The business modules are simple to understand and are based on content that has been developed overseas to help primary school children to develop their own business.

AimBig will provide;

- supervisors to take the participants through their education modules and to teach the participants on how to make and sell candles
- A reconciliation each month on the amount of money paid into the participants bank account and a full year amount that will need to be entered into their personal tax return
- All equipment required to make the candles and complete the education modules
- Marketing support in order to market and sell the candles including; the establishment of an ecommerce website that will profile stories on the participants and drive sales, market stalls at local markets, expo stalls,

Participants will be required to;

- create their own ABN (AimBig will help them to do this)
- attend candle making classes, business workshop classes, field trips, market stalls
- undertake homework tasks including market research projects
- work their benchmark hours

Participants will be paid based on the profits derived from each candle that is sold.

**Who would be a suitable participant** – There are many people who would be suitable to undertake this program including ESLs, 8 hour benchmarks and 15 hour benchmarks.

**Where located** – The plan is to establish a candle business incubator program in multiple locations across Australia.

**Facilities required** – Ideally, we need a commercial space with a concrete floor (not carpet) to create the candles.



## COFFEE WITH A COP



Monday 26th August 2019

9am to 12pm

At Stellarossa Dalby

- To bring awareness to Queensland Road Safety Week, come and meet with local Police Officers for an informal chat on all topics of Police interest.
- Crime Prevention Material will be supplied and people arriving with their complimentary voucher will receive coffee or product to the value of \$5.00.
- Entertainment supplied by Dalby Community Radio DJ James "WAGS" Wagner



*Kindly sponsored by Stellarossa—a  
regular supporter of the Dalby Police  
Crime Prevention team*



SPINAL EDUCATION AWARENESS TEAM

## SEAT educates for life

SEAT is a free community safety program by Spinal Life Australia for students.

This award-winning program is aligned with the national curriculum and prepares students to make safe choices every day.

Our blue card holding presenters have all sustained spinal cord damage and speak to students from their own experiences to deliver safety messages on topics including:

Road safety | Water safety | Dealing with peer pressure

As well as offering education in:

Biology of the spinal cord | Impact of injury

Disability awareness | Etiquette



ROB

## SEAT benefits you

- | Aligns with the national curriculum
- | Appropriate for all grades (Prep to Year 12)
- | Provides free teacher resources
- | A safety message that resonates\*



TIM



BEN

**When:** Wednesday 28<sup>th</sup> August 2019

**Time:** 11am

**Where:** Dalby PCYC

**RSVP:** [kelly.ryan@pcyc.org.au](mailto:kelly.ryan@pcyc.org.au)

Proudly supported by



\*research results at [spinal.com.au/SEAT](http://spinal.com.au/SEAT)

COMMUNITY CONNECTIONS

Queensland Police Service



Interested?

BE HERE:

The Country Club Dalby  
Tuesday Night 27th August  
Registration by 6pm

Working in partnership with the community to promote the responsible consumption of alcohol & minimise the risk of alcohol-related harms.



**DACU**  
DRUG & ALCOHOL  
COORDINATION UNIT

