

DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 15th October Interagency 2019

Meeting opened by Rebecca Lee at 12.10pm – Rebecca thanked everyone for their attendance

ATTENDANCE: Rebecca Lee (MYCNC), Michelle Davies (Carers QLD – NDIS), Alison Clarke (Dalby Hope Centre/Eva's Place), Adam Poole (WDRC) & Gail Courte (Rural Aid).

APOLOGIES: Carolyn Tillman (WDRC), Ann Leahy (Member for Warrego), Samara Hanrahan, Jayne Swift & Terese Fountain (St Vincent De Paul), Gordon Rowlings (Many Rivers), Penny Parker (DSHS), Louise Judge (Chinchilla Community Centre), Kristie Lambert (QLD Health), Lib McNaughton (Lifeline Darling Downs), Le-Anne Callaghan (DISCO), Ken McGilvray (R Health), Con Harriman (QLD Health), Steve Elliott (Western Queensland Community Care), Anna Doneley (St Vincent De Paul) & Norman Wotherspoon (Department of Human Services).

Rebecca Lee (MYCNC) 4662 0152 admin@mycnc.com.au

-) Centre Support Officer working Monday through to Thursday every week.
-) A variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
-) All community groups are welcome to call and discuss room availability.
-) Home Instead Senior Care will be working full time from MYCNC as of the end of October.
-) DDDFVAG will be holding their Reclaim the night, free family movie and music in the park on the 25th October 2019 commencing at 6pm. Please see flyer below.

Gail Courte (Rural Aid) 0428 185 184 gail@ruralaid.org.au

-) Working within a 300km radius from Miles
-) Client numbers have exploded from 100 to an unmeasured amount due to the drought.
-) Applications can be done online to register for a gift card, which can take up to 4 weeks.
-) Assistance available – Buy-a-Bale *farming families can register for a bale of hay at www.buyabale.com.au/can-we-help-you/
-) Farm Army *Provision of volunteers to help on farms or as part of Farm Rescue events. – if you're looking for volunteers who can come to your farm and help you in your farm jobs, go to www.farmarmy.com.au/submit-a-job - if you have handyman or any other trade skills and are willing to help our farmers on their farm, go to www.farmarmy.com.au/available-jobs
-) Community any Farm Rescue *Volunteers are taken to rural towns for a week to help farmers and work on community projects within the town.
-) Counselling *Counsellors develop a long-term relationship with individuals, families, community groups and other non-government organisations to help build a holistic approach to community support. If you know of someone or you feel in need of a counsellor, or you are going through tough times, dealing with drought, flood or fire, a family situation or need some support and a person to talk to, please go to www.ruralaid.org.au/counselling-referral/
-) \$1500 bill payment package (once off payment for primary producers) *Rural Aid is offering Primary Producers in drought, flood or fire affected areas a once off \$1500 towards bill payment. *Clients must be drought declared/affected area, be deemed to be a primary producer and have a current ABN. Please see the website for more information.
-) Water fundraising campaign *anyone using finish dishing washing products go online to register your support and agree to not pre-rinse your dishes. Every registration will donate 40 litres of water to the Rural Aid water program.

-) Adopt a Farmer Card *\$100 cards generated from children at various schools raising money for the adopt a farmer program.
-) For any more information please see website or contact Gail for information packs. Please also see below flyers

Adam Poole (WDRC) 4679 4151 adam.poole@wdrc.qld.gov.au

-) *Community Activation Officer.*
-) Covering Dalby, Jandowae, Bell, Kaimkillenbun and Warra and partners in Tara, Miles and Chinchilla.
-) Run community events and partner with other organisations to help with projects etc.
-) Up Coming events – Skate park tour, 19th October 2019
-) A Grant writer will visit Dalby MYCNC on the 22nd October. For any groups wanting help with grant applications etc.
-) Not Just for Laughs, November 16th – free entry, comedy acts with music – Warra
-) Currently taking Australia Day nominations.
-) Faster small grant time turn around, for grants up to \$2000 it will now be a 3 weeks and not the usual 3months Please see below flyers

Alison Clarke (Dalby Hope Centre) 0417 073 348 aclarke52@hotmail.net.au

-) General counselling service, also working with children as young as 6/7.
-) Now have four part time counsellors providing individual, couples, family, children and group counselling sessions at a reduced rate, individuals - \$50/hr & Couples - \$70/hr
-) Being funded by the church only Christian counsellors are employed however clients beliefs, life choices or ethnic backgrounds are not a factor and no religious agendas will ever be push at the Dalby Hope Centre
-) Officers are situated in the Horizons Commodity Building.
-) Also working for Eva's place, working with girls who have surprise/unplanned pregnancies and are unsure what to do and where to go. If the client decides to go ahead with the pregnancy they work closely with trained mentors who are mums themselves, who will then see them every week.
-) Eva's place is now based down town at 14 Cunningham St, open one day a week, with the hope of opening 2 days a week next year.
-) New facilities have a reception area, consult room, mentor/training rooms, counselling room, storage room, kitchen and bathrooms
-) Mentoring continues for 12 months after baby is born
-) Eva's Place open day will be held on the 24th October between 10am and 12pm with morning tea provided and an information talk at 11am.

Michelle Davies (NDIS - Carers Queensland) 4646 2800 Michelle.davies@ndis.gov.au

-) Michelle is the *Local Area Coordinator* with NDIS partners Carers Queensland.
-) Covering Oakey, Tara, Dalby & Chinchilla.
-) Main focus is to help try and improve access by providing information on correct information needed on applications.
-) Supporting access to the scheme, support education about the scheme, provide workshops for those who are on the scheme, help with understanding and map the area
-) Visiting Dalby every Tuesday, working from MYCNC.
-) Now including some health related supports as part of the NDIS eg. Diabetes

Meeting Closed: 1pm

Next meeting to be held on the 19th November 2019 at 12pm

FREE FAMILY MOVIE



& MUSIC NIGHT



Reclaim the Night 2019



Dalby Thomas Jack Park

Friday 25th October

Entertainment by Our Lady of the Southern Cross
College Contemporary Vocal Group starting @ 6pm

Free



Provided by WDRC



For Purchase

Donuts
Tea & Coffee
Sausage Sizzle
Drinks

BYO

Blanket & Chairs



St Vincent de Paul Society
QUEENSLAND
good works



Gaby Clayton
Gaby's Family Violence
Support Group
Creating seeds of change



SKATEPARK TOUR 2019

DALBY
DIPLOCK PARK
19 OCTOBER
10am-12pm
FREE

FEATURING...

- SKATEBOARD DEMOS & WORKSHOPS (BOOKINGS ESSENTIAL)
- EXTREME FILMMAKING WORKSHOPS (BOOKINGS ESSENTIAL)
- GIVEAWAYS
- LASER SKIRMISH
- FACE PAINTING
- LIVE DJ SET
- FOOD & DRINKS AVAILABLE FOR PURCHASE

To book for the Skateboard Workshops visit www.livebeats.com/asci

To book for the Extreme Filmmaking Workshops visit <http://wdrcextremefilmmaking.eventbrite.com.au>

Follow us [f](#) @wdrcinfo [i](#) @westerndownsr



Summer Pool Parties Are Back

SWIM FIT
Lifeguards on Duty
DJ
Monster Inflatables

02 Nov @ JANDOWAE
09 Nov @ TARA
16 Nov @ MILES
24 Nov @ CHINCHILLA
30 Nov @ DALBY

\$2 Entry
2pm - 4pm
Food & Drinks Available

DALBY HEALTH EXPO

Saturday October 19 at the PCYC

9.30 am to 4 pm

FREE ENTRY

How to improve your health and avoid disease

HEALTHY CHECKS

ENJOY A HEALTHY LUNCH

Get free tickets at dalbytickets.com.au and receive \$5 off lunch or selected books. More info: dalbyrotary.org phone 0429361301

Keynote Speakers

1. Dr Dave Jenkins: Better brain health - slow ageing.
2. Alexandria Friend: Food for better health
3. Dr Rolf Gomez: Heart disease early warning signs.
4. Dr Lotte Verhoef: Stress, meditation and mindfulness

Health Checks

- Diabetes
- Heart
- Fitness and more

Workshops

On Mindfulness and Pilates

Information Booths
Health and fitness providers

Food: Coffee, snacks.
Healthy lunch for \$10

Supported by the Darling Downs and West Moreton FRAC

Major Sponsor **arrowenergy**

Financially supported by Western Downs Regional Council

Rotary Club of Dalby

FAMILY FUN DAY

SATURDAY 12 OCTOBER 2019, 2PM-4PM

FREE ENTRY

Please join us for an afternoon of family fun, including children's craft activities, Heidi's Face painting, music from local band Ripcord, Quiz's Club, beverage stalls, Pig Diddy coffee van, and more, as we celebrate the opening of the new Bath Downs Family Centre Community Hall.

Find us at Bath Downs Family Centre (Bridgewater Drive White Bridge) and the new Bath Downs Family Centre Community Hall, 100 George & Dean Streets, Dalby

All welcome. Just come along and join in the fun!

1300 336 345 | info@kdfc.com.au | kdfc.com.au

Thank You ...for all the hard work and effort you have put in to support our farmers in Australia during this extremely tough time.

Some areas of **Australia** are now in their **eighth year of drought**. In **NSW**, the entire state is considered **100% drought declared**. There are 8-year-old children, 4 hours out of Sydney who have never seen rain!!!

Whether it's the leather in your school shoes or the paper you write on today, a farmer is involved somewhere along the process.

Consider the contents of your lurchbox...

- The **bread** for your sandwich ... grains grown by our **crop farmers**;
- The **butter** and **cheese** ... produced by our **dairy farmers**;
- The **lettuce, tomato** and **carrots** ... grown by our **vegetable farmers**;
- The **ham** or **chicken** ... produced by our **pig and poultry farmers**;
- The **popper juice** ... contains fruit grown by **orchard farmers**;
- Even your **LCM** or **muesli bar** ... contains ingredients from an array of **farmers**;
and the list goes on.

The money you raised will be spent on:

Drinking water - some farmers will now buy in drinking water and stop drinking bore water.

Food - Farmers tend to ensure their animals have the food they need before their own personal needs. You help feed them.

Bills - Everyday bills such as electricity and fuel can be addressed.

Hay, fodder & feeds - Farmers will also use it to feed their animals.

INTERESTING FACTS:

DID YOU KNOW

how much water is needed for...

HOW MUCH WATER TO PRODUCE ONE EGG?



An average of 200.6 litres

HOW MUCH WATER TO GROW STRAWBERRIES?



1 to 2 inches of water weekly

HOW MUCH WATER TO GROW ONE AVOCADO?



Approx 320 litres

HOW MUCH WATER TO RAISE A COW?



One pound of beef = 6809 litres

HOW LONG CAN HORSES GO WITHOUT WATER?



Three to four days only

HOW MUCH WATER DO CHICKENS DRINK?



Half to one litre per day

HOW MUCH MILK DO DAIRY COWS PRODUCE?



28 litres per cow over 10 months

HOW LONG CAN COWS GO WITHOUT WATER?



Cattle survive for seven days

HOW MUCH WATER DOES A COW REQUIRE?



Around 11 to 13 litres per day



ADOPT A FARMER PROGRAM

Your effort means so much:

Your efforts are not just about the money. It is about support. It is about saying, "We have your back" to Australian farmers. "We appreciate what you do and are here for you now we when you need us most. Keep going and we will get through this together".

So thanks to each of you.

Rural Aid will ensure your efforts reach the farmers.

Great Job!

adoptafarmer.com.au | 1300 327 624

RURAL AID INITIATIVE



Assistance Available



Buy-a-Bale

We know farmers are a proud bunch, many of whom won't ask for help! We know that many suffer in silence, however we want to change that.

To allow us to help you, we need to know who you are. If you are a farming family in need of help, please let us know. If you know a farming family that needs help, tell them about us (Rural Aid) and we'll offer our services.

We can't help if we don't know about you.

If you are a farmer in need of help to support animal, household water, or you need any assistance including food for the family, please go to <https://www.buyabale.com.au/can-we-help-you/> to register and we will be in touch with you soon!

Please note: Upon completion of the registration form you should receive an automated email from us. If you do not receive the email, check your spam folder, if the email is not there, please contact Rural Aid team on [1300 327 624](tel:1300327624) during business hours.



Farm Army

Farm Army is the provision of volunteers to help on farms or as part of Farm Rescue events.

- If you're looking for volunteers who can come to your farm and help you in your farm jobs. Go to <https://www.farmarmy.com.au/submit-a-job> to list a job or call 1300 327 624 for assistance.
- If you have handyman or any other trades skills and are willing to help our farmers on their farm, please click on: <https://www.farmarmy.com.au/available-jobs> to apply for a volunteer farm job or call 1300 327 624.

Complete the form with as much information as you can about the person or persons' you'd like to have contact you and offer their assistance.

If you're looking for volunteers, please consider what you can offer them in return, free accommodation, etc.

**** The job description field MUST be detailed. One-word submissions will not be accepted. If you want good candidates, please give as much information as possible. All jobs are reviewed between 9am and 5pm Monday to Friday. It will only display after it has been approved.****



Community and Farm Rescue

We take volunteers to rural towns for a week to help farmers and work on community projects in the town. Our Volunteers bring a wealth of experience with them and a passion to make a difference.

If you live in an area where the Farm Rescue team are coming then why not make a request for assistance. Check out www.farmrescue.com.au for the list of next years rescues.

While we can't guarantee to help everybody, if you have a number of jobs please list them so we can try and match the skill sets of our volunteers with the work required and we'll see what we can do.

Please complete this form with as much information as possible if you'd like your property to be considered for a Farm Rescue.

<https://www.farmrescue.com.au/jobs-request/>

Rural Aid Ltd

PO Box 1342 Sunnybank Hills QLD 4109

P: 1300 327 624 | E: contact@ruralaid.org.au | W: www.ruralaid.org.au



Counselling

Our counsellors develop a long-term relationship with individuals, families, community groups and other non-government organisations to help build a holistic approach to community support.

If you know of someone or you feel in need of a counsellor, or you are going through tough times, dealing with drought, flood or fire, a family situation or need some support and a person to talk to, please go to <https://www.ruralaid.org.au/counselling-referral/> to request counselling assistance or call 1300 327 624.

\$1500 bill payment package (Once off payment for Primary Producers)

Rural Aid is offering Primary Producers in drought, flood or fire affected areas a once off \$1500 towards bill payment. If you apply for this \$1500 funding and are not registered with us it will delay the payment process. Once we have received your application and we have verified you in our system our team will review and process all approved applications within 14 working days.

Please note: You must be in a drought declared/affected area, be deemed to be a primary producer and have a current ABN. Your payment will not be paid if you don't meet the criteria. This once off payment is capped at \$1500 and an application for less than \$1500 will see the balance value forfeited.

What will I need?

- **I am registered with Rural Aid as a farmer.** Farmers must be registered with Rural Aid as a farmer to receive this assistance. To apply online, go to the following website: <https://www.buyabale.com.au/can-we-help-you/>. Please make sure that you use the same name to register as a farmer and for your financial assistance application.
- **Primary Producer Declaration.** If your accountant is writing a primary producer declaration for you, please ensure it has the letter head and contact details. Or if your accountant is using a Declaration of Eligibility for a Registration Concession form or any other form, please make sure that it has your and your accountant's signature on it with current date.
- **A maximum of three invoices up to \$1500 bill/s.** (Note: if you provide us with a bill of \$1600, we will pay \$1500 only)
- **All documents are able to be clearly read.**
- **Biller's bank account details provided.** All invoices must have the biller bank account details – B Pay Reference & Biller Code or BSB & account number, as we pay the biller directly.

If you do not have any bill for us to pay, we can put credit up to \$1500 towards your paid electricity, rates and water bill (to the biller directly). If this is the case, you must let us know by providing a note in the note section on the application.



Change a life through music

Rural Aid's Gift of Music program helps disadvantaged children and youth in rural and remote Australia gain access to the life-changing educational and social opportunities that music brings. We give children in need the chance to learn an instrument, be part of an ensemble, build self-esteem and self-confidence, develop a skill and a love that may last a lifetime.

Our school instrument program puts musical instruments in the hands of those that need them most. Musical instruments are offered free to eligible rural, remote and indigenous schools in need, with no cost or obligation to the school. Our aim is simply to help foster music education and its immense benefits, in rural and remote schools, families and communities.

Our scholarship program provides funding and support to enable eligible students from our rural, remote and indigenous schools to further their music education and participation, despite their current financial and/or geographical limitations; more opportunities for more children!

If you are interested in growing music education in our rural and remote communities, please visit our website and Facebook page, and consider helping **Rural Aid** give more Australian children the **Gift of Music**.

Please visit giftofmusic.org.au for further information or to register your school.

You need more than passion to play a musical instrument, you need a musical instrument!



giftofmusic.org.au

1300 327 624

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Farm + Community Rescue

Supporting Communities. Changing Lives.

Just like the reality TV shows that fixes up houses, we recognised there was a need for such a service in the bush.

In tough economic times small business and tradespeople move from smaller towns to bigger ones to secure work and income. This skill-drain, the cost of travel and time and then the cost of doing the job is blown out if supplies are required or multiple trips are needed. These costs are unsustainable for many in rural and remote Australia.

Our **Farm + Community Rescue** program is about sourcing jobs from farmers and rural communities that need skilled volunteers with the right tools and work tickets, and getting them done through volunteering. Each year sees a number of properties or a community project tackled and is normally within a seven days period.

Our tradespeople are billeted out to farmers and supervised where needed. We support the cost of having the tradies on the farms by covering meals and if required, materials to complete the jobs.

Farm + Community Rescue is a signature program from **Rural Aid** and were so pleased to have been able to help so many in even the smallest of ways, painting or cleaning up through to housebuilds, plumbing and electrical work.

Register for a **Farm + Community Rescue** trip today and change lives with us!



20



Buy a Bale

Supporting Rural Australia

In 2013 a call to arms was made to All Australians: Can you help support our farmers and 'Buy a Bale' of hay?

The concept was simple enough...ask Australians to donate and hay would be purchased from hay farmers who needed the income. Truckies would be paid to carry it and farmers could spend what money they had left on other essential items like food for the family instead of food for the animals.

Since then the name **Buy a Bale** has become synonymous with hay drives all over Australia.

In just a matter of weeks businesses and individuals felt compelled to support our work and purchased thousands of bales. Truckies came out of the woodwork to offer their trucks and time to carry the loads, many hard up at the time suffering from lack of work and depressed rates, so we negotiated to cover their costs and keep them rolling. The farmers and rural communities were amazed at the outpouring of support and watched as the trucks rolled and the hay arrived.

The emotion, passion and inspiration felt by all involved from donors, hay farmers, truckies, community members and farmers during this period was amazing. Many truckies met farmers for the first time, enjoyed stories over a beer and many have become lifelong friends.

Today **Buy a Bale** is the bedrock rural support campaign for rural Australia that **Rural Aid** provides. Fodder assistance is not just a drought issue. Supplying feed assistance to flooded areas or wet areas that require food substance for animals means **Rural Aid** is always shipping fodder or supplement support in one way or another.

Supporting our farmers in the most visual and most simple way is the strength behind the **Buy a Bale** campaign.

Have you bought a bale?



buyabale.com.au

1300 327 624

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DON'T
JUST SIT
THERE



ruralaid.org.au

1300 327 624

There are a number of ways you can help us help rural Australia...

- Help spread the word of the great work Rural Aid does for Rural Australia
- Speak to our friendly team about corporate donations and sponsorship.
- Have a donation barrel on the counter at your workplace
- Set up a go fund me page
- Have an in-house fundraising event. Contact us for some fun ideas
- Share our messages in your social media plan
- Sponsor a Community Rescue event
- Grab a truck poster
- Donate a major raffle prize
- Speak to our bequest team
- Come along to a Black Tie and Boots Ball ... the most fun you can have while raising money! Or volunteer to help at the events!
- Find out how donating a musical instrument can change the lives of rural children through our Gift of Music program
- Name us as your charity of choice
- Provide your product or services to Rural Aid and/or our farmers at no cost
- Join our Farm Army and volunteer to help out on the land or our various events!

supporting
Rural
Australia





Farm Army

Put up your hand to help

Across rural Australia, there are thousands of jobs needing to be done. Some involve small amounts of labour, some require tradespeople, some are just great for grey nomads and travellers.

In late 2015 **Rural Aid** decided to build a database of volunteers and workers with various skills across all ages and match them with rural communities and farmers in need of valuable workers on a website called www.farmarmy.com.au

Over 15,000 people are now on the **Farm Army** database and across Facebook and Twitter. Jobs are listed by farmers and rural communities, approved by a **Rural Aid** admin member and then distributed by email each morning at 9am to this full database.

The **Farm Army** members come from countries all over the world and all states of Australia. If you're looking for a farm job or are a farmer and need some work done, get online and check out www.farmarmy.com.au

Join the **Farm Army** today.



farmarmy.com.au

1300 327 624

RURAL AID
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Rural Aid Counselling

We're here for you

Rural Aid provides assistance to relieve the poverty, illness, distress or significant and unusual disadvantage of individuals and families who are primary producers.

At a time when we're so meant to be connected as a society, isolation, loneliness, depression, suicide and mental health rates are all climbing. Rates of domestic & family violence are higher in regional & rural areas, due to remoteness & the stresses on farmers as a result of their unique experiences. These issues affect the individual & the family's ability to seek help and access services.

After much consideration we have decided that to meet the increasing crisis in the bush **Rural Aid** will employ qualified, nationally registered counsellors who will visit farmers and rural communities and live within their communities for a minimum of 3 years at a time.

Our counselling service works to support farmers, families and communities with personal one on one consultations where you live.



ruralaid.org.au/counselling

1300 327 624

RURAL AID
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Corporate Volunteering

We'll help build your team

We may not have Segways, ropes, cool games, interesting puzzles or life-threatening scenarios. But we do have fresh air, clear skies, lots of dirt, some cute animals, and most importantly, farmers in need of help with tasks and jobs. That's where you come in.

The Rural Aid Corporate Volunteering Program has been designed with team building in mind. The farmers gain some helping hands for a day or a weekend, for which they are always very grateful. Your team members experience a day on a farm, learning a bit more about life on the land, and perhaps stepping a little out of their comfort zones. Team relationships are built and strengthened through the common aim of helping someone who needs a helping hand: Corporate Australia giving back to our rural farming community. No specific skills are required, just the desire to help out a struggling Aussie farmer.

This is a low-cost, high-participation program with awesome outcomes. It's a win-win for everyone!

Cost for the day is \$3K (8 minimum, 10 maximum).

Please contact **Rural Aid** to discuss how your team might be part of this program. There are limited opportunities remaining this year.



Agenda

The day starts early, when you are picked up in our mini bus. After a coffee and a short sojourn, we arrive at our farm. Quick catchup with the farmer and we head out for the day, gloved, hatted and ready to get sweaty. Quick cuppa for morning tea and back at the hard labour. Lunch is a time to put your feet up, recharge the batteries and then get back out for the home run.

Provided

- Hat
- Co-branded shirt
- Water bottle
- Morning tea, lunch & afternoon tea
- Transport to & from farm, as arranged
- All first aid & insurances

corporatevolunteering.com.au

1300 327 624

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