

## DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 21<sup>st</sup> March 2023

Meeting opened by Charley Rayner at 12 pm – Charley thanked everyone for their attendance.

**ATTENDANCE:** Gursimran Kaur (Youth in Search), Pam Cottier (Services Australia), Dianne Alderton, Rebecca Carter, (Lives Lived Well), Kristy Dodd (Goolburri), Mitch Pogan (WDRC), John Bushell (Country Care Connections RRMH), Mark Thomas (DrugArm), Michael Weekes (Carers Qld NDIS), Kieren Burns (Wellways) & Charley Rayner (MYCNC).

**Attendance Via Zoom** - Karl (Dalby Hope Centre), Amy Brown (PCYC), Kimberley Shannon (Red Cross YHars), Michelle Burrows (TASC), Sera Harris (USQ), Michelle Bates (Ann Leahy MP - Member for Warrego), (Gail Courte (Rural Aid),

**APOLOGIES:** Fiona Riley & Joanne Hall (Qld Health), Tony Dreger (Bridges Health & Community Care), Gerardine Boyd (Ann Leahy MP - Member for Warrego), Denny Edwards, Samara Hanrahan & Terese Fountain (DSAS – St Vinnies) & Bec Lee (MYCNC).

**Charley Rayner (MYCNC) 4662 0152 [admin@mycnc.com.au](mailto:admin@mycnc.com.au)**

- *Bec* - Centre Coordinator working Monday - Thursday every week.
- *Charley* – Centre Support Officer working every Tuesday. 9am – 3pm.
- Centre opens Monday – Friday 8:30am – 4.30pm
- Office space unavailable, a variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
- All community groups are welcome to call and discuss room availability.
- Please update all business cards, brochures and email address held at the Centre.
- Link for community to services, not a drop in Centre.
- Circles of Care catering to those in need from the Centre every Thursday night.
- Skilling Queenslanders for Work Initiative are still accepting enrolments for the Certificate 2 in Skills for Work and Vocational Pathways (See flyer attached for information).
- Imagine Education Australia are still accepting enrolments have put out a course in Childcare, Certificate 3 in Early Childhood Education & Care for \$34 for those eligible, focus in on getting people in for the new childcare centre opening in town.

**Gursimran Kaur (Youth in Search) 0499 500 725 [gursimran.kaur@youthinsearch.org.au](mailto:gursimran.kaur@youthinsearch.org.au)**

- Simmy is the new *Social Worker* for Youth in Search, based at Dalby State High School but supporting the wider Dalby community.
- Youth in Search is a program for young people 14-20 dealing with Anxiety, depression, Low self-esteem, bullying anything that is affecting young ones. Need to be referred through.
- Free Peer to peer support program. No cost to go away.
- Running a total of three programs the first is individual one on one case management.
- Second is an afternoon support group meeting are run every Wednesday from MYCNC commencing at 3.15pm – 4.15pm.
- Third are weekend camps, starting on a Friday afternoon and ending on a Sunday afternoon. Camps are held every 4 - 6 weeks. The next camp is on the 5<sup>th</sup> – 7<sup>th</sup> May, 2023.
- Attendees for camps will need to be vaccinated.
- A new Social Worker has joined the team, working within Chinchilla and the Tara area.
- More information please see attached.

**Pam Cottier (Services Australia)** (07) 4013 2405 [pam.cottier@servicesaustralia.gov.au](mailto:pam.cottier@servicesaustralia.gov.au)

- Pam - Service Centre Manager at the Dalby Centrelink Office.
- Commencing a Community Liaison Project.

**Rebecca Carter & Dianne Alderton (Lives Lived Well)** 0447 193 939 & 0439 666 840

[Rebecca.carter@llw.org.au](mailto:Rebecca.carter@llw.org.au) & [dianne.alderton@llw.org.au](mailto:dianne.alderton@llw.org.au)

- Rebecca is the New Access Couch Program coach.
- New Access Program – Six week low intensity mental health support program for people experiencing anxiety, stress and depression twelve years of age upwards.
- We do not diagnose we literally just do the counselling in our sessions.
- Funded to go into Aged Care Facilities and Education facilities.
- All are welcome to access the program, clients can be referred by service or directly through the beyond blue line.
- Will assess anyone coming into the program and if more intense help is needed this can be fast tracked through the program so clients aren't going on the eight month waiting lists.
- Also trying to support the homelessness group as much as possible.
- All services are completely free.
- Currently have a position available for a New Access Couch in Kingaroy.
- Di is Lives Lived Well's Drug and Alcohol Counsellor.
- Individual Drug and Alcohol Counselling twelve years of age upwards.
- Basis of the counselling is set on clients based on whether they want to reduce or to cease using drugs and alcohol then that's what we work on.
- If they are in a space of not knowing what they want to do we work on harmony organization and healthy lifestyle.
- Using a four session model program with the aim to be on a path to continue forward if they feel they are where they need to be.

**Kristy Dodd (Goolburri)** 0428 416 695 [kristyd@goolburri.org.au](mailto:kristyd@goolburri.org.au)

- Family & Child Wellbeing service working with Aboriginal and Torres Strait Islander families.
- Covering Dalby, Tara, Chinchilla and everywhere in-between.
- Have a Family and Child Wellbeing and Foster and Kinship Carer Service.
- Working with indigenous families around their health and wellbeing.
- Referrals can be made through family and child connect can be self-referrals or referrals from organisations, can be consented or non-consented.
- Supporting by making sure their 715's (Health checks) are up to date, making referrals for their mental wellbeing, supporting kids at school through education parenting and a range of different things depending on the client's needs.

**Mitchell Pogan (Western Downs Regional Council)** 0438 313 789 [mitchell.pogan@wdrc.qld.gov.au](mailto:mitchell.pogan@wdrc.qld.gov.au)

- Dalby *Community Activation Officer* – Event Planners with Western Downs Regional Council.
- Covering the whole of the Western Downs, planning all the regional community events provided by Council.
- Movies Nights under the stars proposed for Moonie, Kogan, Bell, & Dulacca, looking at holding during April school holidays (Tuesday to Friday).

**John Bushell (Country Care Connections RRMH)** 0437 110 216 [johnbushell@rrmh.com.au](mailto:johnbushell@rrmh.com.au)

- Originated from Rural & Remote Mental Health Group.
- NDIS SUPPORT - CO-ORDINATION - can help understand and use NDIS plan to make the most of funded supports and to connect with providers.

- NDIS PSYCHOSOCIAL RECOVERY COACH –(Peta at Kingaroy South Burnett Region comes to Dalby on a regular basis as part of the NDIS program) Specialist mental Health support person for NDIS participants with mental Health conditions.
- COMMONWEALTH PSYCHOSOCIAL SUPPORT PROGRAM – Community based supports to assist recovery for people experiencing severe to moderate Mental Illness through a range of services to help and assist with NDIS.
- Currently we have a long waiting list, but we are still taking them.
- RURAL RHYTHMS - Drum therapy workshop to promote Healing and self-expression held at the PCYC – free programme for anyone.
- Held on the 3<sup>rd</sup> Tuesday of month 9.45am for a 10.00am start enquires on website.
- John services Goondiwindi, Dalby, Toowoomba and Nanango.
- 16 years of age up and can be contacted via our ccc website and Facebook.

**Mark Thomas (DrugArm) 0437 509 297 [markt@drugarm.com.au](mailto:markt@drugarm.com.au)**

- Working with the Break Through For Families Program. Covering through to Cherbourg, Murgon, Kingaroy, Nanango, Dalby, Oakey, Toowoomba, Warwick, Stanthorpe, Inglewood & Goondiwindi/Boggabilla.
- Working with the families and loved ones of those who misuse drugs and alcohol, providing 12 free sessions.
- Hold information & education sessions throughout the regions then work one on one with clients.
- Two programs include mainstream one is “Breakthrough for Families” and an Indigenous program “Breakthrough Our Way”.
- Within the office DrugArm have a drug and alcohol counsellor and a family support counsellor.
- Also hold sessions every Thursday night 6pm at the Toowoomba library “Smart Recovery Group” behavioural change mutual help group, open to everyone.
- Referrals can contact Mark directly or Drug Arm Central Intake.

**Michael Weekes (Carers Qld NDIS) 07 4646 2800 [michael.weekes@ndis.gov.au](mailto:michael.weekes@ndis.gov.au)**

- Local Area Coordinator.
- Dalby once a month at MYCNC.
- Bookings through website.
- Primarily support people with NDIS on understanding and using their plans.
- Help assist people through the process of NDIS.
- Carers Side – provide support, give referrals & information to any people who are carers, whether they’re providing care for someone with a disability, elderly parents etc.
- Trying to reach out to School to educate about NDIS.
- Happy to support anyone on a needs basis.

**Kieren Burns (Wellways) 0435 114 947 [kburns@wellways.org](mailto:kburns@wellways.org)**

- Kieren is the *Community Engagement Outreach Worker* for Wellways
- Servicing from Toowoomba to Roma, Murgon (South Burnett Region).
- Working with non-paid carers providing free services and support.
- Anyone that cares for a family member or friend with disability, a medical condition, mental illness, or who is frail due to age or illness etc.
- Carer Gateway provides many services to support carers in their caring role, including:
  - In-person and online peer support groups.
  - Tailored support packages to help with accessing planned respite, transport services, and more.

- In-person and phone counselling.
- In-person and online self-guided coaching.
- Online skills courses to support your wellbeing and understanding of legal responsibilities relating to the caring role.
- Access to emergency respite if you suddenly find you can't provide care, for example if you become ill or injured.
- Until end of June have extra funding to practical support package help unpaid carers in need. Contact Kieren for further information.

**Attendees via ZOOM:**

**Karl Pumpa (Dalby Hope Centre) [karl\\_pumpa@hotmail.com](mailto:karl_pumpa@hotmail.com)**

- Karl is a Student Counsellor and has taken on the role of Coordinating Dalby Hope Centre which provides low-cost counselling for those who need it.
- For now, making connections and seeing what other supports are available within the area.
- Position is to be aware and across services available at the Centre and within the area.

**Amy Brown (PCYC) 0408 768 558 [amy.brown@pcyc.org.au](mailto:amy.brown@pcyc.org.au)**

- *Youth Support Worker* 3 days a week, Monday, Tuesday & Wednesday.
- PCYC Youth Support Service is a free service that aims to provide support to at-risk or vulnerable young people in the Dalby area, with the aim to help clients avoid disengagement and anti-social behaviours.
- The Program offers holistic, individualised case management planning for young people aged 12 to 21 years (or from 8 years of age if they have a sibling already attending the program).
- Amy aims to help clients:
  - Establish goals and determine what steps are needed to achieve them
  - Reconnect them with family, friends and into the community
  - Offer practical assistance and advocacy to help improve their life
  - Provide transport for essential needs
  - Help organise medical appointments, or accompany clients to any other places of support such as Centrelink, banks, employment agencies, etc.
  - Can also provide them with information and referrals to other local support services or resources in the area.
- Amy also has access to brokerage money to assist clients with assessed needs. This could be for things like mobile phone credit, medications, personal hygiene products, food, clothing, etc.
- Clients can be referred by anyone, or self-referred. Will require consent from all clients, as well as parent or guardian consent for anyone under the age of 18.
- Business cards are in the front foyer, but if anyone has any further questions, please feel free to call or email.

**Kimberley Shannon (Dalby Outreach Case Manager) (Red Cross YHaRS) 0415 145 447**

[kshannon@redcross.org.au](mailto:kshannon@redcross.org.au)

- Case management service for young people 12-21years who are experiencing homelessness or at risk of homelessness.
- Holistic services around building capacity as well with vulnerable young people.
- Experiencing the pressure around housing as like everyone else.
- Funding is also available to young people who have transitioned from Child Safety into independence to support goals etc.

**Michelle Burrows (TASC) (07) 4616 9700 [michelleb@tascnational.org.au](mailto:michelleb@tascnational.org.au)**

- Work at TASC National in Toowoomba which is a community legal centre and social justice organisation.
- Wanting to let everyone know about a new service provided by TASC, covering Toowoomba, Darling Downs & Maroon region, Roma & St George, Goondiwindi, Dalby. Face to face or zoom.
- Program is the National Redress Scheme Support Services – Relates to anyone who has experienced institutional childhood Sexual abuse. Practical and emotional support.
- The scheme began on 1<sup>st</sup> July 2018 and people can apply until 30<sup>th</sup> June 2027
- The opportunity for anyone who has had that lived experience of childhood sexual abuse related to being involved with an institution.
- It's their opportunity to make an application to the scheme to tell their story to have their experience acknowledged and get an offer of redress from the government that can provide potential 3 different outcomes for people.
- 1. Free physiological care (Counselling).
- 2. Apply for a direct personal response (opportunity to have a direct interaction with the institution responsible, could receive an apology from them or to have an interaction that is laid by the applicant around what would be healing to them.
- 3. Is for people to receive the monetary payment to support any lifelong impacts.
- Are some eligibility criteria for people applying to the scheme. Please see flyers below.

**Sera Harris (USQ) 3812 6430 [sera.harris@usq.edu.au](mailto:sera.harris@usq.edu.au)**

- Looking after placements for Human Services & New Social Work Program.
- Launched social work to approximately 50 Students from Dalby, Toowoomba, Roma, St George, Charleville, Kingaroy, and Bowen.
- Social work 500 hours placement, Toowoomba.
- Support students & anyone who is taking on a student.
- Students for next year are looking for placements.

**Michelle Bates (Ann Leahy MP (Member for Warrego) 07 4519 0700 [warrego@parliament.qld.gov.au](mailto:warrego@parliament.qld.gov.au)**

- Michelle is from the office of Ann Leahy – Member for Warrego.
- Position is to be aware and across services available at the Centre and within the area and when encountering people in need of services they are then directed appropriately.
- List of current funding or grants is available to the community.

**Gail Courte (Rural Aid) 0428 185184 [gail.courte@ruralaid.org.au](mailto:gail.courte@ruralaid.org.au)**

- *Community Representative* for Rural Aid.
- Farmers that might need any financial support, support following a Disaster. Must be a Primary producer to receive financial support. Process is very simple
- Registration is free.
- Contact us if they May need financial assistant Hay, domestic water.
- Can also provide counselling to farmers.
- If not a primary producer we can refer to counselling services for support.

**Kath McUtchen (Lifeline),  
Elizabeth Brooker (Goodstart)**

- Attended via TEAMS however technical difficulties were had and was unable to communicate to participants.

*Meeting closed: 12.35 pm*

*Next meeting to be held on the 18th **April** 2023 at 12pm*