

## DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 15<sup>th</sup> August 2023

Meeting opened by Charley Rayner at 12 pm – Charley thanked everyone for their attendance.

**ATTENDANCE:** Beth Wood (Dalby Welcoming Community), Simi Kaur (Youth in Search), Karl Pumpa (Hope Centre), Michelle Burrows (TASC), Elizabeth Brooker & Sandra Lee (Goodstart Early Learning Centre), Peter Pendlebury (Act for Kids), Michael Weekes (Carers Qld NDIS) and Charley Rayner (MYCNC).

**Attendance via Zoom** - Gerardine Boyd (Ann Leahy MP - Member for Warrego).

**APOLOGIES:** Bec Lee (MYCNC), Samara Hanrahan (DSAS – St Vinnies), Lizzie Harvey (Helping Hands), Amy Brown (PCYC), Kath McUtchen, Mark Thomas (Drug Arm), Rebecca Carter & Dianne Alderton (LLW), Kristy Dodd (Goolburri).

**Bec Lee & Charley Rayner (MYCNC)** (07) 4662 0152 [admin@mycnc.com.au](mailto:admin@mycnc.com.au)

- *Bec - Centre Coordinator* working Monday - Thursday every week.
- *Charley – Centre Support Officer* working every Tuesday 9 am – 3 pm.
- Centre opens Monday – Friday 8:30am – 4.30 pm.
- Office space unavailable, a variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
- All community groups are welcome to call and discuss room availability.
- Please update all business cards, brochures and email address held at the Centre.
- Link for community to services, not a drop in Centre.
- Circles of Care catering to those in need from the Centre every Thursday night 6 pm -8 pm.

Skilling Queenslanders for Work Initiative are still accepting enrolments for the Certificate 2 in Skills for Work and Vocational Pathways (See flyer attached for information).

**Beth Wood (Circles of Care)** 0419 645 671 [headstwo@bigpond.com](mailto:headstwo@bigpond.com)

- *Beth – Dalby Welcoming Community*
- Update on the Mental Health Project we are doing – auspicing a mental health project here. It has (3) components
- Working with High School Students across Dalby, Chinchilla and Tara run sessions in all of those – using a group called “Choicez” from Sydney, talking about connections to the year 10, 11 and 12’s at those schools.
- Chinchilla State High School – Tony Hoang from Sydney spoke. He was a millionaire drug dealer at 13. Had a wonderful message to share.
- 600 students from Dalby State High School attended workshops – they chose to meet local providers as their project. The students met and participated in (2) sessions with psychologists locally. They looked at coping with mental health through physical activities, yoga, hip hop dancing etc.
- Similar thing held out at Tara, we had ‘Red Frog’ do the keynote address for them, in terms of being able to understand yourself a whole lot better.
- We had a range of speakers and it has been very successful. The feedback has been amazing; I hope that we have sufficient great feedback to be considered again for that mental health project in this area, because it is needed.

- Blue Tree Art Project – need to register. Goal is to have (100) blue trees on R U OK day 3pm – 7pm on the 14<sup>th</sup> September, held at Anderson Park.
- We will open our blue tree exhibition that day.
- We have some stall holders, and a sausage sizzle. Would be great if anyone wanted to do a stall for R U OK day.
- Always looked at having 1000 voices singing the one song on R U OK day– that is in the process of being planned. Information to follow.
- ***Dalby Circles of Care***
- Group of service clubs, service providers, community groups, interested individuals that we sit under the umbrella and auspice of MYCNC. We are not a group that is incorporated.
- Number of things Dalby Circles of Care does.
- We put out information in a simple flyer for people who are in need of help and that flyer is given out and readily available in our community.
- Lions club – established ‘Orange Sky’ – laundry services out of Dalby Laundromat.
- Meals offered every Thursday night – sitting at about 130 people each week.
- Goal is to have 52 groups, provide a meal just once a year.
- Fortunate that in Dalby that we have sporting clubs, businesses, schools, churches, community groups that are actually providing that meal for us.
- We have been donated a caravan that we are currently having converted to provide some accommodation for one or two people at Pioneer Park.
- Big issues at the moment are showers, difficult for people to access showers.
- Wanting to try to persuade Council, that it is a service that should be offered in our community. I would like to convert an existing toilet block into a shower block.
- May need some support at a later date.
- ***Dalby Delicious and Delightful***
- Friday 25<sup>th</sup> August, 2023 is the Glow in the Dark Colour Run and movie night, “Puss in Boots”.
- Saturday 26<sup>th</sup> August, 2023 gates open at 10am with an array of entertainment and Multi-Cultural dancing, Tribute Show and Lantern Parade.

**Simi Kaur (Youth in Search) 0499 500 725 [simi.kaur@youthinsearch.org.au](mailto:simi.kaur@youthinsearch.org.au)**

- *Simi* - is the Social Worker for Youth in Search, based at Dalby State High School, but supporting the wider Dalby community. Monday, Tuesday and Thursday.
- Youth in Search is an organisation for young people aged between 12-25 years old dealing with anxiety, depression, low self-esteem, bullying, anything that is affecting young ones. Need to be referred through.
- Running a total of four programs: -
- First is case management – provides individual one on one session.
- Second is an afternoon support group meeting held every **Thursday** at the MYCNC commencing at 3.15 pm – 4.15 pm. Provides ongoing support, checking in and planned activities.
- Third are weekend camps, starting on a Friday afternoon and ending on a Sunday afternoon. Camps are held every 4 - 6 weeks. Camps provide a safe environment for young people where we discuss different topics and concerns such as self-esteem issues, relationships, grief and communication. Support is offered via social workers and teams attending from different areas. Attendees for camps will need to be vaccinated.
- Fourth is free leadership training. If the young person attends more than two camps and are free from drugs and Covid, they can apply for leadership training.
- Brochures and business cards available at MYCNC.

**Karl Pumpa (Dalby Hope Centre)** 0490 530 705 [karl@pumpacounselling.com](mailto:karl@pumpacounselling.com)

- *Karl and Steph* - help co-ordinate the Dalby Hope Centre.
- Counselling service run as an initiative of the Dalby Presbyterian Church.
- Karl is a qualified counsellor, with a history of chaplaincy.
- Provides lower-cost counselling for individuals, marriage counselling and in the long-term are looking at introducing life courses (marriage, grief or loss) for larger groups with a trained professional.
- Options for concession and subsidies available for those experiencing financial hardship. One of the cheapest counselling services available.
- (4) Counsellors available on our team.
- Operate out of the Austbroker's building on Patrick Street, (next to Coles).
- Dalby's Eva's Place – Pregnancy & Early Parenting Crisis Support.
- From the woman's first stages of her pregnancy and throughout the first year of the child's life, woman who may have had a miscarriage, stillbirth or any reproductive issues.
- Provide free mentoring, information, any services needed and counselling (weekly or fortnightly).
- Eva's Place Dollars - are able to be used to purchase baby clothes, change tables, etc. any needs for the baby, when they come for a counselling and mentoring session.
- Referrals can be made by your Services with the consent of the person. We would welcome either warm handovers or you can remain involved in the support of your client through their interaction with our Service.
- Our office hub is at 47 Bellevue Street, Toowoomba but our outreach is extensive, and my area includes Dalby, Chinchilla, Miles, Wandoan and Taroom.
- If you would like me to visit your team to provide more information, please don't hesitate to contact me.

**Michelle Burrows (TASC)** 4616 9700 [michelleb@tascnational.org.au](mailto:michelleb@tascnational.org.au)

- Work at TASC National in Toowoomba which is a community legal centre and social justice organisation.
- Range of services available at TASC.
- TASC has a team of solicitors that can provide free legal advice and supports for people with a range of issues.
- SLASS – Seniors Legal and Support Service – Provide legal and social work assistance to any seniors experiencing elder's abuse.
- QSTARS – Tenancy Support Program.
- Mental Health and Disability advocacy.
- Program the National Redress Scheme Support Service – Relates to anyone who has experienced institutional childhood Sexual abuse.
- Two part-time case workers covering Toowoomba, Darling Downs and Maroona area.
- The scheme began on 1<sup>st</sup> July 2018 and people can apply until 30<sup>th</sup> June 2027
- The opportunity for anyone who has had that lived experience of childhood sexual abuse related to being involved with an institution.
- It's their opportunity to make an application to the scheme to tell their story to have their experience acknowledged and get an offer of redress from the government that can provide potential (3) different outcome for people
  - 1. Free physiological care (Counselling)

- 2. Apply for a direct personal response (opportunity to have a direct interaction with the institution responsible, could receive an apology from them or to have an interaction that is laid by the applicant around what would be healing to them)
- 3. Is for people to receive the monetary payment to support any lifelong impacts

Are some eligibly criteria for people applying to the scheme. Flyers attached.

**Elizabeth Brooker & Sandra Lee (Goodstart Dalby) (07) 4662 5227 [ebrooker@goodstart.org.au](mailto:ebrooker@goodstart.org.au) & [dal@goodstart.org.au](mailto:dal@goodstart.org.au)**

- *Sandra* - is the *Centre Director* at the Dalby Centre.
- Supporting children under 6 years of age to start their lives with early childhood education and to meet those goals to get to school.
- Gathering information on groups and services & make connections to better support families and cares.
- *Elizabeth* - is a *Family and Community Engagement Worker*, a part of the IAP program which is - Increasing Access and Participation of children under 5 years of age, free of charge to the vulnerable children within the community.
- Helping access Centrelink payments for the child care subsidy up to a handover with the centre and then working with the family and children in that centre for about six weeks.
- Working with children with developmental delays etc. who normally wouldn't be able to access early learning.

**Peter Pendlebury (Act for Kids) 0429 476 739/ (07) 4687 0200**  
[peter.pendlebury@actforkids.com.au](mailto:peter.pendlebury@actforkids.com.au)

- Act For Kids provides the Intense Family Support Service for the Western Downs area.
- Home visits working directly with families in the home, developing case plan goals that focus on child development and wellbeing.
- Work with vulnerable families that are at risk of child safety.
- Including linking to local support and stakeholders.
- Families must have children in their care.
- Act For Kids are open Dalby and Western Catchment zones.
- Referrals made through the Family and Child Connect Website.
- Jake is in Chinchilla.

**Michael Weekes (Carers Qld NDIS) (07) 4646 2800 [michael.weekes@ndis.gov.au](mailto:michael.weekes@ndis.gov.au)**

- Local Area Coordinator in the community development side.
- Dalby once a month at MYCNC for one on one appointments.
- Primarily support people with NDIS on understanding and using their plans.
- Help assist people through the process of NDIS.
- Carers Side – Provide support, give referrals & information to any people who are carers, whether they're providing care for someone with a disability, elderly parents etc.
- Programmes for multicultural and Indigenous NDIS.
- Michael's particular focus is on children and families in the NDIS my project to lead workshops for families on the NDIS.
- Next one is on next month after the Dalby Interagency (at MYCNC).
- Trying to reach out to School to educate about NDIS.
- Happy to support anyone on a need's basis.
- Booking through website or office.
- "Using your Child's NDIS plan" workshop in Dalby in September. Please see flyer attached.

**Attendees via ZOOM:**

**Gerardine Boyd (Ann Leahy MP (Member for Warrego) (07) 4519 0700**

[warrego@parliament.qld.gov.au](mailto:warrego@parliament.qld.gov.au)

- *Gerardine* - is from the office of Ann Leahy – State Member for Warrego.
- Position is to be aware and across services available at the Centre and within the area and when encountering people in need of services they are then directed appropriately.
- Anyone with any State related concerns can contact the member's office who may be able to advocate for them.
- Ann also provides a monthly newsletter with grant opportunities that are available to the community. If you would like to receive that, please let us know.

**Lizzie Harvey (Helping Hands Outreach Project Dalby) 0447 624 294 [helpinghandsdalby@gmail.com](mailto:helpinghandsdalby@gmail.com)**

- *Lizzie* - is the Manager.
- Charity OP shop open for the public at 48 Cooper Street Dalby (just past the PCYC) Wednesday to Saturday 10 am to 2 pm.
- Helping Hands assists all those in need in our community – emergency food boxes, clothes, sanitary, household goods, camping items, pet food, baby items, school needs and formals.
- Help families with Christmas gifts, families register around October each year.
- Rely on donations.
- Find us on Facebook.

*Meeting closed: 12:35 pm*

***Next meeting to be held on the 19<sup>th</sup> September 2023 at 12pm.***



Personalised community-based psychosocial supports and services

# Everyone needs a hand from time to time.

The team at CountryCare Connections are all about supporting you to live with mental illness while living your best life and helping you navigate your way to recovery.

Country Care Connections offers non-clinical psychosocial supports to people who are both accessing and not accessing NDIS funding. Country Care Connections is also a registered provider of "Life Transition Supports" through NDIS. We have many years experience in supporting psychosocial clients to access services in remote and rural areas.



- @countrycareconnections
- @countrycareconnections
- company/countrycareconnections

Country Care Connections is a registered business name of the not-for-profit charity Rural & Remote Mental Health Ltd



Rural & Remote Mental Health is a not-for-profit organisation with charitable status. Donations to RRMH are very welcome and help support programs and resources designed to improve the mental health of people who live and work in rural and remote Australia. Donations are tax deductible and can be made via our website: [rrmh.ccm.au](http://rrmh.ccm.au)

For information, contact: [info@rrmh.com.au](mailto:info@rrmh.com.au)

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## Making the most of your child's NDIS plan - Dalby

**ndis** CarersQLD Australia  
Delivering the NDIS in your community.

### Learn how to best use your child's plan to support their development

Carers Queensland is working with the National Disability Insurance Scheme (NDIS) to deliver the Local Area Coordination Partner in the Community Program. In this informative workshop our Local Area Coordinators (LACs) will help you understand how you can use your child's NDIS plan to:

- increase your child's learning outcomes through funded therapies
- learn ways to increase your child's independence and socialisation
- hear about community supports and skill building social groups
- understand more about NDIS budgets and funding
- learn more about reasonable and necessary supports including low-cost assistive technology
- connect with other parents and carers.

Join our friendly LACs who can answer your questions about the LAC Program including finding allied health providers and working with support workers.

Register [online](#) for the Dalby event, call us on 1300 999 636 or email [CQ.Enquiries@ndis.gov.au](mailto:CQ.Enquiries@ndis.gov.au). Stay up to date and like us on Facebook at [facebook.com/CarersQueenslandNDIS](https://facebook.com/CarersQueenslandNDIS).

Date	Time	Where
Tuesday 19 <sup>th</sup> September, 2023	1:00 pm – 2:30 pm	Myall Youth & Community Network Centre (MYCNC), Cnr Drayton & Nicholson Streets, Dalby QLD

#### Access to Interpreters

For help understanding the contents of this page or to speak to someone in your language call 13 14 50.



#### Let's keep everyone safe!

Follow current Queensland Health Public health and social measures - coronavirus (COVID-19). Stay at home if you are unwell or have a cough, fever, sore throat, fatigue or shortness of breath.

To start your NDIS journey,  
connect with us today.

**1300 999 636**

[cq.enquiries@ndis.gov.au](mailto:cq.enquiries@ndis.gov.au)



## Our Story

**Rural Aid** is Australia's most trusted rural charity.

Established in 2015, **Rural Aid's** vision is to safeguard farming and rural communities before, during and after natural disasters. We stand ready to support farmers when disaster strikes and to offer the help needed at the time.

**Rural Aid** is also dedicated to supporting a stable future for our farmers to ensure they can keep providing food and fibre for all Australians.

We do this through our innovative programs that increase the resilience and sustainability of farmers, families and rural communities. As an independent charity, we rely on the generosity of our industry partners and supporters who fundraise, donate and volunteer to enable our vision to be realised.

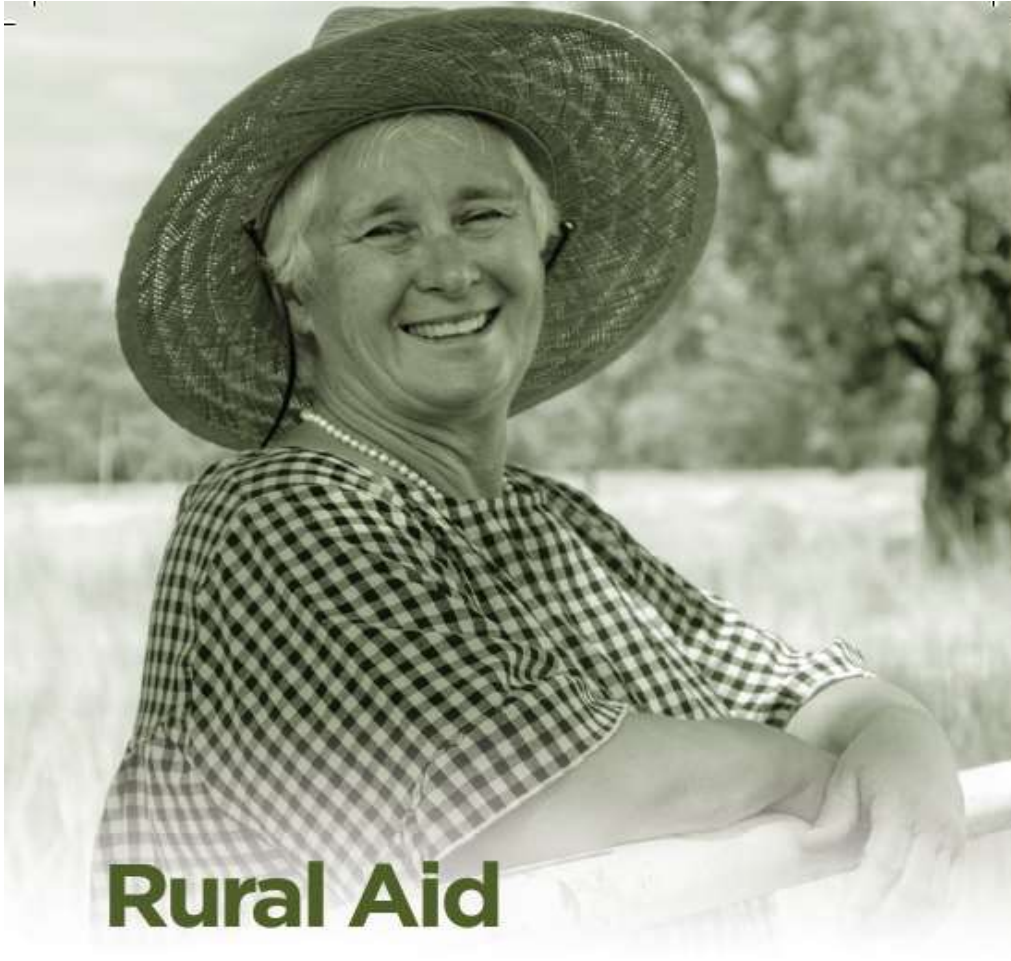


Register with  
**Rural Aid**

*For our mates in the bush*







## Rural Aid

**Rural Aid** stands with farmers when they need us most.

**Rural Aid** provides critical support to farmers affected by natural disaster through financial, water, fodder and volunteer assistance.

**Rural Aid** also offers free, confidential counselling to registered farmers and their families. Our vision is to help safeguard farmers by supporting their sustainability to endure the many challenges they face.

We work with community groups and industry to deliver programs that help connect and sustain rural centres. All we do is to support farmers - our mates in the bush.

Registering with **Rural Aid** is free and easy to do. More than 16,500 farmers have done so already.

How can we support you?  
**ruralaid.org.au | 1300 327 624**

*For our mates in the bush*





Legal and Social  
Justice Services



## National Redress Scheme **Support Service**

**Free, confidential** and  
**compassionate support**  
for people who have  
experienced institutional  
child sexual abuse

 07 4616 9700

 [redress@tascnational.org.au](mailto:redress@tascnational.org.au)

[www.tascnational.org.au/redress](http://www.tascnational.org.au/redress)



## What is the National Redress Scheme?

The National Redress Scheme ('the Scheme') was developed in response to the Royal Commission into Institutional Responses to Child Sexual Abuse. The Commission estimated over 60,000 people have experienced institutional abuse in Australia.

The Scheme is an important step in gaining recognition, acknowledgement and support for people who have experienced institutional child sexual abuse, and in holding institutions accountable.

### The Scheme can provide:

- ▶ Access to counselling
- ▶ A monetary payment
- ▶ A direct personal response such as an apology from the institution or institutions responsible.

It is your choice whether you want to receive all or some of these components.

The Scheme began on 1 July 2018 and people can apply until 30 June 2027.

More information is available directly from the Scheme by visiting [www.nationalredress.gov.au](http://www.nationalredress.gov.au) or **phoning 1800 737 377**.

TASC National offers **free, confidential support** for people seeking to learn more or engage with the Scheme.

## Who is TASC's Redress Support Service for?

TASC's Redress Support Service is for anybody in Toowoomba and south west Queensland who has experienced institutional child sexual abuse.

Some eligibility requirements apply, however if we are unable to help you, we will endeavour to link you with a service who can.

Our Case Workers will be dedicated solely to helping people engage with the Scheme.

Our heartfelt aim is to provide a compassionate and trauma informed support service for people impacted by child sexual abuse.

### **Institutions can include, but not limited to:**

- ▶ Schools
- ▶ Religious organisations, such as churches, mosques and temples
- ▶ Church and/or government run missions and reserves
- ▶ Sporting clubs
- ▶ Child-care centres or facilities
- ▶ Children's homes, foster care, kinship or respite care that is provided on behalf of an organisation
- ▶ Hostels
- ▶ Other organisations in the community



## Who Can Apply?

You can apply to the National Redress Scheme if:

- ▶ You experienced sexual abuse when you were a child (under 18 years of age), and
- ▶ The abuse happened before 1 July 2018, and
- ▶ An institution was responsible for bringing you into contact with the person who abused you, and
- ▶ You were born before 30 June 2010, and
- ▶ At the time you apply, you are an Australian citizen or a permanent resident.



## What will TASC's Redress Support Service do for me?

Reaching out for support can be daunting, so we'd like to let you know what to expect when you contact TASC.

Your Case Worker will start assisting you through the application process and keep you up to date on any developments as they happen.

TASC Case Workers provide person-centred practical and emotional support throughout the process and can assist with advocacy and referrals to other appropriate supports.

Redress applicants have until **30 June 2027** to lodge their applications.



## How can TASC help you?

- ▶ Your first contact could be by **phone, in person, email or online form**. On contacting TASC you will be introduced to our intake team who will walk you through the eligibility criteria and take your personal details in line with Privacy Legislation Principles.
- ▶ At each step your TASC Case Worker will be there to provide support, information and advice based on your circumstances.
- ▶ You are able to make an informed choice to progress or pause your redress application at any stage over the duration of the Scheme.
- ▶ This is a confidential service so we will not share your personal information outside of TASC and the Scheme.



07 4616 9700



[redress@tascnational.org.au](mailto:redress@tascnational.org.au)



Visit our website