

## DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 17<sup>th</sup> October 2023

Meeting opened by Patrica Morrin at 12 pm – Trish thanked everyone for their attendance.

**ATTENDANCE:** Dianne Alderton (Lives Lived Well), Kristy Dodd (Goolburri Health Advancement), Georgie Bignill (USQ – Chinchilla), Kerry Carr (Act for Kids), Michael Weekes (Carers Qld NDIS) Le Anne Callaghan (DISCO), Sharlene Smith (Community Member), Ros Darracott (USQ), Patrica Morrin (MYCNC).

**Attendance via Zoom** - NIL

**APOLOGIES:** Bec Lee (MYCNC) Gail Courte (Rural Aid Queensland) Norman Wotherspoon (Centrelink) Jayne Swift (St Vincents De Paul)

**Patrica Morrin (MYCNC) (07) 4662 0152 [admin@mycnc.com.au](mailto:admin@mycnc.com.au)**

- *Bec - Centre Coordinator* working Monday - Thursday every week.
- *Trish – Centre Support Officer* working every Friday 8.30am – 4.30pm
- Centre opens Monday – Friday 8:30am – 4.30 pm.
- Office space unavailable, a variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
- All community groups are welcome to call and discuss room availability.
- Please update all business cards, brochures and email address held at the Centre.
- Link for community to services, not a drop in Centre.
- Circles of Care catering to those in need from the Centre every Thursday night 6 pm -8 pm.
- Charley has left us as she has a full time job.

**Dianne Alderton (Lives Lived Well) 0447 193 939 [dianne.alderton@llw.org.au](mailto:dianne.alderton@llw.org.au)**

- *Alcohol and drug Counselling Program.*
- *Both programs are free.*
- New Access Program – Six week low intensity mental health support program for people experiencing anxiety, stress and depression twelve years of age upwards.
- We do not diagnose we literally just do the counselling in our sessions.
- Funded to go into Aged Care Facilities and Education facilities.
- All are welcome to access the program, clients can be referred by service or directly through the beyond blue line.
- Will assess anyone coming into the program and if more intense help is needed this can be fast tracked through the program so clients aren't going on the eight month waiting lists.
- Also trying to support the homelessness group as much as possible.
- All services are completely free.
- Currently have a position available for a New Access Couch in Kingaroy.
- *Dianne - is Lives Lived Well's Drug and Alcohol Counsellor.*
- Individual Drug and Alcohol Counselling twelve years of age upwards.
- Basis of the counselling is set on clients based on whether they want to reduce or to cease using drugs and alcohol then that's what we work on.
- If they are in a space of not knowing what they want to do we work on harmony organization and healthy lifestyle.

**Kristy Dodd (Goolburri)** 0428 416 695 [kristyd@goolburri.org.au](mailto:kristyd@goolburri.org.au)

- Family & Child Wellbeing service working with Aboriginal and Torres Strait Islander families.
- Covering Dalby, Tara, Chinchilla and everywhere in-between.
- Have a Family and Child Wellbeing and Foster and Kinship Carer Service.
- Working with indigenous families around their health and wellbeing.
- Referrals can be made through family and child connect can be self-referrals or referrals from organisations, can be consented or non-consented.
- Supporting by making sure their 715's (Health checks) are up to date, making referrals for their mental wellbeing, supporting kids at school through education parenting and a range of different things depending on the client's needs.
- Keeping children out of child safety.
- Click on link for more information <https://familysupportreferral.org.au/>

**Georgie University student doing my assessment at the Chinchilla Community Centre**

See what services are available around the area.

**Le-Anne Callaghan (DISCO)** (07) 4662 2147 [Le-anne@disco.org.au](mailto:Le-anne@disco.org.au)

- DISCO is a youth organisation operating in Toowoomba, Dalby & Gatton.
- Support young people to successfully transition from School into further education or employment, ages 15-24.
- Main program is the – 'Get Set for Work Program' which assists young people aged 15-19 who have disengaged from school and are having difficulty obtaining employment. Training and work experience are provided over a 20 week period with the goal of assisting each young person to successfully transition into them into employment and/or further education and training.
- Budgeting sessions, drug and alcohol sessions, personal development and life skills, career development, resumes, cover letters, mock interviews. Working with any barriers that the young person may be facing.
- Graduate with a year 10 equivalency. Only funded for 20 placements a year.
- Youth Employment Support Program is also offered. The 'Youth Employment Support Program', assists young people 15-24 to transition into the workforce by providing them with the practical skills they need to successfully seek work. The program offers short-term intervention (6-8 weeks) for young job seekers that lack the skills and/or knowledge to find work.
- 2 New Programs next year.
- Looking for Contracts at the moment

**Sharlene Smith (Community Member)**

- Goondir sign up day on the 2<sup>nd</sup> November

**Ros Darrocott (University of Southern Queensland) 0427 047893** [ros.darracott@unisq.deu.au](mailto:ros.darracott@unisq.deu.au)

\*Social Worker with University of Qld Toowoomba.

\* The Social work programs we have on offer next year,

Bachelor of Social Work (on-line)

Master of Social Work (Qualifying) – on-campus at Ipswich

Grad Certificate of NDIS Studies – on-line

Bachelor of Human Services with re-aligned majors (Child & Family Practice, Counselling Practice, Disability and Diversity Practice, Intercultural and Community Practice) – on-line

Both of the social work programs are accredited with the Australian Association of Social Workers.

The handbook will be out between now and the next meeting so I will make sure I send through the links to the handbook so people can easily look up the detail

**Michael Weekes (Carers Qld NDIS) (07) 4646 2800 [michael.weekes@ndis.gov.au](mailto:michael.weekes@ndis.gov.au)**

- Local Area Coordinator in the community development side.
- Dalby once a month at MYCNC for one on one appointments.
- Primarily support people with NDIS on understanding and using their plans.
- Help assist people through the process of NDIS.
- Carers Side – Provide support, give referrals & information to any people who are carers, whether they're providing care for someone with a disability, elderly parents etc.
- Programmes for multicultural and Indigenous NDIS.
- Michael's particular focus is on children and families in the NDIS my project to lead workshops for families on the NDIS.
- Next one is on next month after the Dalby Interagency (at MYCNC).
- Trying to reach out to School to educate about NDIS.
- Happy to support anyone on a need's basis.
- Booking through website or office.
- "Using your Child's NDIS plan" workshop in Dalby in September. Please see flyer attached.

**Kerri Carr (Act for Kids) 0498 75007 [kerry.carr@actforkids.org.au](mailto:kerry.carr@actforkids.org.au)**

- Brand new role as indigenous family support practitioner to assist our aboriginal and Torres Strait islander families in consultation process
- Cover right out to Thargominda Miles Roma Toowoomba

*Meeting closed: 12:35 pm*

***Next meeting to be held on the 21<sup>st</sup> November 22023 at 12pm.***

## Who is Act for Kids?

Act for Kids is a for-purpose organisation that delivers evidence-based professional therapy and support services to children and families.

Since 1988 we have helped thousands of Australian children and families through practical support and therapeutic intervention.

We offer families the support they need to raise happy, healthy kids and enjoy positive family relationships.

We acknowledge the traditional custodians of this land and pay our respects to the Elders, both past, present and future for they hold the memories, the traditions, the culture and our hopes.

## We work to:

- ▼ keep kids safe by providing information, support and therapy to help parents/caregivers.
- ▼ help families develop new ways to cope in times of stress.
- ▼ support the emotional and developmental needs of children and young people so they can reach their full potential.

## Why are we different?

- ▼ We listen to everyone in your family and will talk with them in ways they understand.
- ▼ We have Aboriginal and Torres Strait Islander practitioners and cultural advisors.
- ▼ We don't take a one size fits all approach.

## How to reach Act for Kids Intensive Family Support (IFS)

If you have any questions or would like to access our free service, please call us directly to discuss eligibility or make an appointment. You can also complete the online referral form available at:

**kid-families-referrals.infoxchangedps.net.au**

This referral form will be forwarded directly to us and we will contact you.

### IFS PROGRAM CONTACT

Phone: 07 4687 0200

Email: [toowoombainfo@actforkids.com.au](mailto:toowoombainfo@actforkids.com.au)

### TOOWOOMBA

Building K1, University of Southern Queensland  
58 - 585 West Street, Toowoomba QLD 4350



Phone **1300 228 000**

Learn more at [actforkids.com.au](http://actforkids.com.au)



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## Intensive Family Support Program

Intensive Family Support is a tailored program to assist families experiencing challenges in raising and nurturing their children. Every person we work with can expect support plans to help them reach their own goals.



## What is the Intensive Family Support Program?

The Act for Kids Intensive Family Support (IFS) program is a free service that helps families under pressure. Raising kids can be really hard; all families go through times of stress and may need a little extra help to work through challenges.

Our Intensive Family Support services are tailored for families that have multiple and complex needs.

### We can help with:

- ✔ addressing issues such as domestic violence, mental health and substance abuse.
- ✔ developing stronger life skills such as setting routines, budgeting and managing the household.
- ✔ parenting support and strategies to build positive family relationships.
- ✔ managing stress to cope with daily pressures.
- ✔ providing child health and wellbeing resources.
- ✔ linking into services that support your child's development.
- ✔ connecting you with local services, playgroups and other social networks.
- ✔ supporting families with their cultural needs.
- ✔ anything else that worries you.

It's a voluntary program. If you choose to work with us, you might find ways to strengthen and enjoy your family more.

## How does IFS work?

We understand what it's like for families under pressure and we're here to support parents and listen to their worries.

The program helps strengthen your family by providing practical support and linking your whole family with the right services at the right time.

The Intensive Family Support team works with families to understand their goals and see how we can help. We are able to help all kinds of families from all kinds of cultures, with many different needs.

We meet with families most often in their own home, or other safe places relevant to family needs and circumstances.



**Our unique multi-disciplinary practitioners and other specialists who provide expert help and advice.**



## Who can access Intensive Family Support?

Our Intensive Family Support service is designed for parents/caregivers, and their children, to help them overcome their experiences and challenges.

This service is available through our Toowoomba and Roma centres for families who would like support from our Intensive Family Support teams.

If you are a service provider interested in referring a family, you'll find our referral form at: [qld-families-referrals.infoxchangeapps.net.au](http://qld-families-referrals.infoxchangeapps.net.au)

## Your rights & responsibilities

Under the Privacy Act 1988 and the Australian Privacy Principles (APP), you have the right to access your personal information.

The information cannot be removed or copied.

The records are the property of Act for Kids, and this protects and ensures your privacy and security.

Your discussions with our team are confidential and remain private unless there are concerns about the safety of yourself or others.



